



60th Jesuit-Sheaner Relays Boys Division

- DATES:** Entries Due: Tuesday, March 18th tx.milesplit.com **SITE:** Dallas Jesuit High School
Entry Change at tx.milesplit.com: 6:00PM, Wednesday 19th 12345 Inwood Rd
Meet: March 21-22, 2025 Dallas, TX 75244
- TIMES:** **Friday Session:** 3200m: 6:30pm **TRACK & RUNWAYS:** synthetic surface requiring ¼” spikes or less
Saturday Session:
Coaches Reception: 7:00 – 8:00 am
Morning: Field Events: 8:00am Admission Price:
Running Events: 8:30am Adult - \$10.00 / Student - \$5.00
Afternoon: Opening Ceremonies: 2:25pm Friday - Free
Running Events: 2:30pm
- ENTRIES:** The entry fee will be \$250.00 per team or \$25.00 per individual, if **paid by March 22nd (\$275/\$30 if paid after March 22nd)**. Team fees will include a hat and lunch for Coaches. Please make checks payable to Jesuit Athletics. This meet has two Boys divisions, 6A and 5A & under, Varsity only. **Entries must be submitted online at tx.milesplit.com**. Contestants will be seeded according to times submitted. Contestants are limited to 3 running events and 5 total events.
- Changes to your original entry form must be changed online at tx.milesplit.com & will be accepted until 6:00pm, Wednesday, March 19th. **No changes allowed after 6:00 pm Wednesday.** **Please delete any entries that you know will not compete prior to Wednesday.**
- AWARDS:** Medals for first, second and third place finishers in all events. Batons for winning relay teams. Medals for 1st Place Team in each Division. **Medal winners will be escorted to the awards stand immediately after the conclusion of each event.**
- RULES:** The meet will be governed by the National Federation of High School Association rules with UIL uniform modification (Male contestants must wear shorts over the one-piece suit or compression short).
- Tape may be used to mark the track, HJ apron and other field event runways. Competitors shall remove all markings after competition.
- High Jump starting height will be 5’8” and will rise in 2” increments.
- Long and Triple Jump contestants will be allowed 3 jumps in the preliminary round. Eight finalists plus all ties for the 8th position will be allowed 3 additional jumps in the final round.
- Pole Vault starting height will be 12’ and will rise in 6” increments to 13’6”. First Session will begin at 9:30 AM and stop after 13’6”. The second session will start at 14’0” at 11:00 AM. Vaulters entering at the beginning of session II will be given a 40-minute warm-up period. 6A and 5A & Under Divisions jump together with places awarded by division.
- Shot Put and Discus contestants will be allowed 3 throws in the preliminary round. Eight finalists plus all ties for the 8th position will be allowed 3 additional throws in the final round. Implements will be pooled.
- Curve judges will be present for all races. Please make sure that your athletes understand the rules prior to racing.

Official timing will be fully automatic as times and places will be determined from the Finish Lynx System. The meet director will make all logistic decisions regarding placement of starting and finish lines, runway direction, and timing systems.

Minimum Entry standards are **20'0** for **Long Jump** and **40'0** for **Triple Jump**.
Minimum Entry standards are **40'0** for **Shot Put** and **120'0** for **Discus**.

Minimum Entry standard for the **800m** is **2:10.0**

Minimum Entry standard for the **1600m** is **5:00.0**

800m, 1600m, 3200m, 4x400 and **DMR** races; 5A and 6A Divisions will be combined and seeded by time. Points and medals will be awarded in finish order by Division. The 3200m will be run Friday night. The 800m and 1600m will be run in two sections on Saturday with Section 1 in the morning preliminaries and Section 2 during the afternoon finals.

Audible speakers and radios will not be permitted in the stands, warm-up or competition areas.

COACHES RECEPTION There will be a Coaches reception from 7:00-8:00 in the school cafeteria.

TEAM Team camps can be set up under the Home (West side) Stands, no Tents are allowed on turfed areas or CAMPS in the Stands.

WARM-UP Warm up will be on the Lower field, **NO Athletes or Coaches** will be on the infield. The track will be open from 7:00 until 8:25 and 1:30 until 2:15 for Relays teams to work on exchanges and marks.

HEATING CLERK The heating clerk & benches will be outside the Southeast corner of the track near the baseball stadium, the group will be walked to the starting line. **No Bags** will be allowed inside the track.

RELAY TEAMS: **All members of relays teams must be checked in and will be walked to their exchange Zones.**

MEALS: A meal will be provided for coaches following completion of the morning preliminaries. Also, we will have a concession stand selling barbecue other types of nourishing "all day food".

HEAT SHEETS: Preliminary heat sheets will be available in the Coaches Packet online at www.JSRelays.org on Friday. Please make all entry changes, adds and deletes by 6:00 pm Wednesday, March 19th at tx.milesplit.com. Finals heat sheets will be available online after 1:30 pm on Saturday.

INTERNET: Meet Records, Live Results, Live Broadcast, previous year's results and other information can be seen at: www.JSRelays.org

EXPEDIENCY: Coaches, please have your athletes ready to cooperate with prelim heating clerks and event judges.

Athletes participating in simultaneous events are responsible for managing their time between events and reporting or returning to their respective competition venues when called to compete.

No adds or changes to any event after 6:00 pm Wednesday, March 20th

Important announcements will be available via twitter [@JSRelays](https://twitter.com/JSRelays) when possible. [Twitter](https://twitter.com/JSRelays) will be used as a secondary means of communicating 1st, 2nd and Final Calls, Schedule Changes and other important announcements. The primary source of information will continue to be the public-address system in the stadium.

Entry Fee Transmittal Form

Jesuit-Sheaner Relays
March 21-22, 2025

Dallas Jesuit High School
12345 Inwood Rd.
Dallas TX 75244

School Name: _____

Coach Name: _____ Phone: _____

Division: 6A Boys _____ 5A Boys _____ Girls _____

Number of Entries (select)

_____ Boys Team X **\$250.00** = \$ _____

_____ Girls Team X **\$250.00** = \$ _____

(\$275 per team if paid after March 22nd)
Team fees will include lunch for Coaches

_____ Individual(s) X **\$25.00** = \$ _____

(If entering a relay team or more than 5 individuals select team rate of \$250)

Please make checks payable to "**Jesuit Athletics**".
Entries must be submitted online at tx.milesplit.com

Mail To:

Attn: Coach Doug Robinson
Jesuit College Prep
12345 Inwood Rd
Dallas, TX 75244